



## Let Your Heart Rejoice

### What Is the Donate-a-Meal Movement?

This movement invites people to reflect on those suffering from conflicts, disasters, and poverty in the world. By donating a portion of the money you might spend on meals or personal indulgences, you contribute, in the spirit of sharing, to the movement's activities.

Since its inception in 1975, the Donate-a-Meal Fund for Peace has contributed a total of \$106,751,188 toward global relief and development efforts.

This month, we spotlight how your generous donations through the Donate-a-Meal Movement have been used to support activities that are transforming lives around the world.

### Key Areas of Support

#### Eradicating Poverty and Hunger

Poverty not only threatens people's daily lives but also causes conflict and division due to the unequal distribution of wealth and resources. Eradicating poverty is a vital step toward building a peaceful society. Therefore, we support activities in this area that contribute to improving people's livelihoods.

#### Education and Human Capacity Development

To address poverty at its root, it is essential to bring out each individual's strengths and potential and enable them to exert their effort in society. To achieve this, we support initiatives that provide access to education and nurture people, helping them thrive in their communities based on mutual support and hope.

#### Healthcare, Medical Services, and Welfare

Even today, many children lose their lives to preventable diseases, and many people are unable to receive medical treatment for financial reasons. We support activities that promote health and well-being for all.

#### Emergency Relief and Reconstruction Support

Global warming and environmental degradation have increased the scale and frequency of natural disasters. Additionally, countless people are forced to flee their homes due to conflicts. Our support continues to protect the lives and dignity of those affected through emergency aid and long-term recovery efforts.

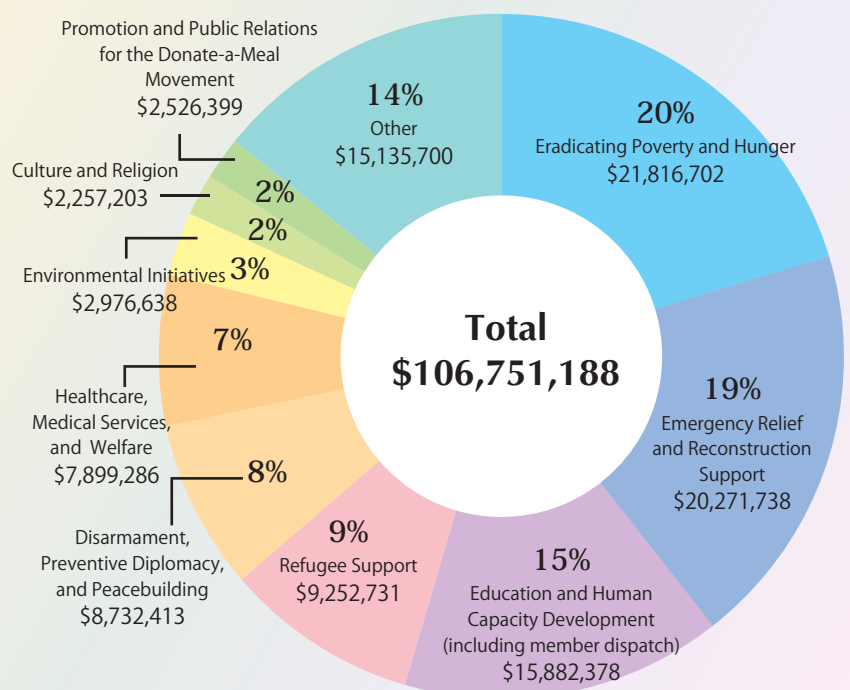
#### Refugee Support

The number of people displaced by conflict and persecution is increasing every year. We support activities that protect their lives and dignity and help them take a new step toward rebuilding their livelihoods.

#### Other Initiatives

We also support various projects, including environmental protection efforts, and make contributions to the local communities where Rissho Kosei-kai Dharma centers are located.

**Donate-a-Meal Fund for Peace:  
Contributions by Sector (1975–2024)**





## Support Projects over the Past Five Years (2020–2024 by Region)

### Middle East Region

#### (1) Iraq

- Enhancing Leukemia Diagnosis in Pediatric Cancer Wards

#### (2) Lebanon

- Little Bags of Dreams Campaign
- Nursing Courses for Palestinian Refugee Students
- COVID-19 Emergency Support
- Learning Support Classes in the Beddawi Refugee Camp
- Support for Internally Displaced Persons in the Northern Region
- Support for Airstrike Evacuees

#### (3) Palestinian Autonomous Territories–Gaza Strip

- Little Bags of Dreams Campaign
- Emergency Support for Airstrike Victims
- COVID-19 Emergency Support and Child Malnutrition Prevention/Improvement Program
- Gaza Humanitarian Crisis Emergency Support

#### (4) Syria

- Support for Food Crises Due to Political Instability

### Africa Region

#### (5) Ethiopia

- Support for People Displaced by Armed Conflict
- COVID-19 Emergency Support
- Environmental Restoration Efforts in Conflict-Affected Areas
- Emergency Support for Women and Children Affected by Civil War and Drought

#### (6) Sierra Leone

- Support Project to Reduce Maternal and Perinatal Mortality

#### (7) Democratic Republic of the Congo

- Support for Enhancing the Resilience of Women Affected by Conflict and Infection Prevention for Vulnerable Groups During the COVID-19 Crisis
- Resilience-Enhancing Project for Vulnerable Women Affected by Conflict

#### (8) Malawi

- Sending Blankets to Africa Campaign
- Health and Civil Rights Promotion for Malawi (HIV/AIDS Initiatives and Birth Registration Promotion Project)
- School Meals Project
- COVID-19 Emergency Support

#### (9) Mozambique

- Sending Blankets to Africa Campaign
- COVID-19 Emergency Support
- Installation of Desks in Primary Schools
- Emergency Support for Cyclone Victims
- Emergency Support for Drought Victims

#### (10) South Africa

- South Africa Youth Support Program
- COVID-19 Emergency Support

#### (11) Madagascar

- Medical Support for Communities Suffering from Drought-Induced Famine

#### (12) South Sudan

- Emergency Support for Displaced Persons Fleeing Floods and Armed Conflict

### Europe Region

#### (13) Ukraine

- Humanitarian Crisis Emergency Support
- Support Programs for Displaced Persons
- Dream Gift Project



## Asia Region

### (14) Afghanistan

- Little Bags of Dreams Campaign
- Humanitarian Emergency and Reconstruction Support
- Emergency Support for Flood Victims
- Emergency Support for Children Orphaned by Conflict
- Emergency Support for Earthquake Victims in Eastern Afghanistan

### (15) Pakistan

- Emergency Support for Flood Victims
- Local Youth Peacebuilding Activities
- COVID-19 Emergency Support

### (16) India

- Employment Support for Internal Migrant Workers
- Support for Myanmar Refugees in Mizoram State

### (17) Bangladesh

- Medical Service Project
- Bangladesh Education Project (School supply support for impoverished areas)
- Support for Victims of Fire at the Rohingya Refugee Camp

### (18) Sri Lanka

- Primary Education Support Project

### (19) Mongolia

- Free Health Checkups and Other Services for Socially Vulnerable People

### (20) Myanmar

- Reading Promotion Project
- School Feeding/Nutrition Program
- Prosthetic Limb Support for Landmine Victims
- Emergency Support for Myanmar Facing Poverty and Hunger
- Emergency Support for Rohingya Refugees

### (21) Laos

- Agriculture, Environment, and Regional Development Project

### (22) Cambodia

- Support for the Revival of Buddhist Studies
- Agriculture, Environment, and Regional Development Project
- COVID-19 Emergency Support
- Public Primary School Support Project in Prey Veng Province

### (23) Philippines

- Little Bags of Dreams Campaign
- BCYFI Scholarship Program in Bataan
- Youth Empowerment and Self-Reliance Support Project
- Emergency Support for Mangyan Tribes Affected by Typhoons
- Emergency Support for Typhoon Victims
- Restoration of Japanese Nationality for Second-Generation Japanese Filipinos Remaining in the Philippines After WWII

### (24) Turkey

- Emergency Support for Victims of the Turkey-Syria Earthquake

### (25) South Korea

- Support for Japanese Women Remaining in South Korea After WWII

### (26) Taiwan

- Emergency Support for Victims of the Eastern Offshore Earthquake

### (27) Japan

- Donate-a-Meal Local Community Contribution Project
- Humanitarian Emergency and Reconstruction Support Programs
- Capacity Building Support for NGOs in Japan
- Refugee Support Projects Within Japan
- Emergency Relief in Response to Large-Scale Disasters
- Donate-a-Meal Fukushima Recovery and Disaster Survivor Support Project
- Improving Access to Health and Medical Services for Foreign Mothers and Children
- COVID-19 Emergency Support

## South America Region

### (28) Honduras

- Nutrition Improvement Program Through Home Gardening